

You need:

- Colour Grip colour pencils
- Graphite pencil
- Brush
- Clic&Go water cup
- Watercolour paper
- Pair of scissors



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The hand as a self-portrait From the individual to togetherness

Every hand is unique! That's why having students draw round their own hands is a wonderful project that can be linked to a variety of ideas. Depending on the age of your students, you can have the hand decorated in a number of ways – from simple to artistically complex. And by putting the individual hands together to make a garland or window decoration, you can strengthen the sense of unity in your class.

The water soluble Colour Grip colour pencils are ideal for drawing and watercolouring

Exploiting the possibilities of Colour Grip colour pencils

At the beginning, the students should use a well-sharpened Colour Grip colour pencil to draw an outline of their hand. Make the children aware that the pencil should be held at a steep angle for this purpose. Then make use of the water solubility of the Colour Grip colour pencils. The children can watercolour specific areas and then draw on top of those areas once they have dried. You will find an example of this on the next page.

Aim of the hand project

Getting to know each other and strengthening the sense of belonging. The project is ideal at the beginning of the school year or when a class has been newly put together.

Compiling a list of topics

Before you start the project, you can compile a list of topics with your pupils that can be linked to hand colouring.

Age-appropriate variations of the topic

The topics and techniques used to create the hand should be appropriate to the abilities of the particular year group.

• Wishing hand (all year groups)

Here, you can have the students visualise their wishes for the coming school year.

• Fashion hand (year 7 / year 8)

The hand can be “dressed” with different designs or even with scraps of fabric.

• People hand (all year groups)

Individual fingers can be designed as individual people.

• Landscape hand (all year groups)

Have the children draw flowers, gardens or landscapes within the outline of the hand.

• Patterned hand (year 7 / year 8)

A fineliner can be used to decorate the hand with patterns and textures. (Possibilities: mehndi / body art with henna or Zentangle drawings)

• Fantasy hand (all year groups)

Have the students decorate the palm of the hand with themes from fairy tales, the future or with the surreal. (See next page)



Educational

Drawing and painting
in art lessons

Learning to write
Writing & language



Project

Step by step to the “future” hand

What is the world likely to look like in 30 years' time? Will we be floating independently through space in spacesuits or getting our food from vending machines? Will we live in small houses or in large residential towers? All children have plenty of imagination and will realise “their” future very individually!

Step 1

At the beginning of the lesson, the children draw round their own hand with a Colour Grip colour pencil or graphite pencil, ideally on watercolour paper.

Step 2

Take the children on a journey of ideas. Make a list of what the future might look like in specific habitats and write them on the board. This also inspires children who have less imagination. Then have the children sketch their motif in pencil.

Step 3

Now get the students to roughly colour in the free areas with Colour Grip colour pencils and then watercolour with a brush and water. While the pictures are drying, you can discuss a “real” future topic, such as energy saving, together with the children.

Step 4

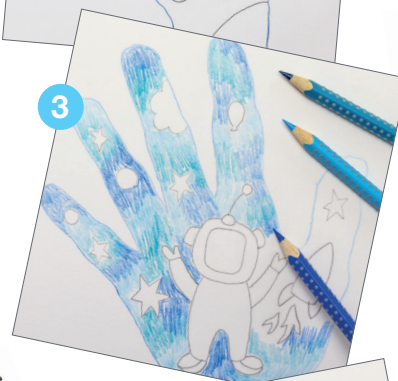
Now it's time to flesh out the motifs drawn in pencil. Use Colour Grip colour pencils or Grip fineliners (for older pupils) to colour the elements. Once every student has put their name on their hand and cut it out, collect the little works of art and thread them onto a string to make a garland. Alternatively, each child can stick their future hand on the window.

Variation

Depending on the season, you can also let the children draw round their feet. Do not forget to get the students to write their name on the front or back of the hands (or feet). That way, everyone knows which idea is behind which child.

Tip

The hand project is also ideal for having some kind of portrait made of each child. A great idea is to fill the hand with hobbies, pets, food preferences, social contacts, wishes, hopes and special experiences.



Grip
finepen
for older
students